



**ADDICTION
TREATMENT
SERVICES
IN SASKATCHEWAN**

Sakwatamo

Lodge

Box 2350, Prince Albert, Sk S6V 6Z1

Phone: (306) 864-3631

Toll Free: 1-877-864-3631

Email: sakwatamo@sasktel.net

Website: www.pagc.sk.ca/health/programs-and-services/sakwatamo-lodge-3

Supported by PAGC



Service Description & Eligibility

- 18 and over
- Male and Female
- Family-based in-patient services
- English and Indigenous

To apply

For client intake package contact:

Vivian Head

Intake Coordinator

Email: vsanderson@pagc.sk.ca

The Treatment Program focuses on helping the individual towards acceptance of responsibility for their thoughts, actions and behaviours. Recognition of self-worth and personal potential is an essential component of the program. We encourage participation in treatment activities with the goal of strengthening our nation's against alcoholism and drug addiction.

Program components

- Alcohol and Drug Education
- Cultural Teaching & Ceremonies
- Family Wellness
- Individual & Group Counselling
- Family Counselling
- Traditional Crafts
- Life Skills Development
- Youth Skill Development
- Child Care Support

Program description

- Based on the Bio-Psychosocial Cultural Model. Through our program goals, we hope to install a commitment to a lifestyle change that leads to a healthier and balanced lifestyle free from alcohol and drugs.
- During a 42-day residential treatment program, there are four components to the design of a client's program.
 1. Native Culture
 2. Education and Awareness
 3. Counseling
 4. Life Skills Development

White Buffalo

Youth Inhalant Treatment

Box 2500, Prince Albert, SK S6V 7G3
Ph: (306) 764-5250
Fax: (306) 764-5255

Toll Free: 1-888-764-9282
Website: www.wbtc.ca

Email: outreach@wbtc.ca



Service Description & Eligibility

- Female
- Indigenous
- Ages 12-17
- Drug/alcohol, inhalant misuse

Application Form on Website

Can be faxed or emailed

Contacts

Erin Gordon

Executive Director
egordon@wbtc.ca

Roberta Sanderson

Program Manager
rsanderson@wbtc.ca

- The White Buffalo Treatment Centre is a 10-bed residential facility located on Muskoday First Nation, 15 minutes southeast of Prince Albert, Saskatchewan.
- A complimentary feature of the White Buffalo program is the extensive prevention, early intervention, post-treatment supports and mobile treatment services that are offered through the Outreach component.

Inpatient Services

- 4-month residential program
- Holistic treatment model uses four cornerstones of treatment: spiritual, emotional, physical, and mental health.
- Program separated into **four six-week phases**
- Land-based program.

Mistahey Musqua

Treatment Centre

Box 404, Loon Lake, SK S0M 1L0
Ph: (306) 837-2184
Fax: (306) 837-4414
Website: www.mistahey.com

Email: mistahey.musqua@sasktel.net



Service Description & Eligibility

- Minimum Age of 18
- Male and Female

**Application Form on
Website**

Can be faxed or emailed

- Mistahey Musqua Treatment Centre can be found in a remote and tranquil area nestled amongst the white Aspens beside Big Bear Lake on the Makwa Sahgaiehcan First Nation.
- Specializes in the treatment of alcohol and drug addiction using a culturally relevant approach, which respects the values and beliefs of its First Nation clients.
- This eight-bed centre is run by 10 qualified staff.
- Their goal is to assist clients to offset drug and alcohol abuse in order to live a healthy and fulfilling life free of addiction.

Inpatient Services

- 40-day program
- Aftercare program
- 12 step program
- Land-based & a blend of traditional and modern healing practices
- Clients will have their own room
- 14-day "blackout" period

Admission Criteria

- Abstinence from all drugs & alcohol for a min. of 7-10 days prior to admission
- Must complete 7-10 day detox
- Proof of detox
- Complete med exam certificate and pre-admission form
- Transportation must be provided
- Comfort allowance
- Drug test upon arrival will be done

MACSI

Metis Addictions Council of
Saskatchewan Inc.

MACSI Core Office:
3rd Floor, 310 20th Street East
Saskatoon, SK
S7K 0A7
Ph: 306-651-3021
Fax: 306-651-2639
Toll Free: 1-800-236-5204
E-mail: cm@macsi.ca



Service Description & Eligibility

- Inpatient & Outpatient
- for Adults

Other Locations

Prince Albert Treatment Centre:
334 19th Street East
Prince Albert, SK
S6V 1J7
Ph: 306-953-8250
Fax: 306-953-8261
Toll Free: 1-866-722-2155
E-mail: princealbert@macsi.ca
Stabilization Unit:
Ph: 306-953-8262
Toll Free: 1-866-722-2155

Saskatoon Treatment Centre:
335 Ave G South
Saskatoon, SK
S7M 1V2
Ph: 306-652-8951
Fax: 306-665-0703
Toll Free: 1-877-652-8951
E-mail: rdsaskatoon@macsi.ca
E-mail: rdsaskatoon@macsi.ca

Regina Treatment Centre:
329 College Ave East
Regina, SK
S4N 0V9
Ph: 306-522-3681
Fax: 306-347-7902
Toll Free: 1-866-815-6515
E-mail: regina@macsi.ca

Outpatient Services

- Outpatient counselling

Inpatient Services

- 28-day residential option for adults.
- Provide an Abstinence-based healing environment where individuals can focus on recovery from substance addictions.
- Holistic programming, therapeutic group workshops, one-to-one counselling, educational sessions, self-help meetings, cultural teaching, and recreational programming.
- There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery-focused and flexible in order to meet unique needs.

Valley Hill Treatment Centre

Fully funded by Sask.
ministry of health partnered
by PAGC and PAPHR.

P.O. Box 761
2101 10th Ave West
Prince Albert, Sk.
S6V 5S2
toll free: 1(855)764-7644
Phone: (306) 764-2311
fax: (306) 764-2377
Email: valleyhill@vhill.ca
Website: <https://www.vhytc.ca>



Service Description & Eligibility

- Inpatient
- for ages 12-17 co-ed
- 15 single beds.

Inpatient Services

- 6 week co-ed residential treatment program for youth 12-17
- CBT therapy, Trans theoretical model of change, aboriginal teachings and healing practices etc...

What to bring?

- All personal items
- appropriate seasonal clothing
- swimwear
- refrain from clothing that advertises chemical use or gang activity
- refrain from scented products.
- Look after appt. before arriving at VHYTC
- Bring cash for 20.00 a week
- Non- smoking policy
- Visitors allowed on certain days.
- Phone calls require approval but allowed calls between 6-7pm.
- Please refrain from being any IT

Homeward

Bound

YWCA Prince Albert:
1895 Central Ave, Prince Albert, SK S6V 4W8
Ph: (306) 703-0123 or (306) 763-8571

Fax: (306) 970-8596
E-mail: hwbadmin@ywcaprincealbert.ca



Service Description & Eligibility

- Seeks to end homelessness by providing timely access to permanent housing in the community.

Manager: Kandace Korycki

Email:

kandacekorycki@ywcaprincealbert.ca

Outpatient Services

- Damon's Haven
 - Long-term peer home for individuals who need more personal support.
 - 1st Initiative (based on level of need)
 - Wheelchair accessible
 - Staff available 24/7
- Oakdale
 - Transitional program for youth aging out of the child welfare program
 - 37 apartment suits
- Windsor
 - Focuses on moving people who are chronically & and episodically homeless.

RAAM

Prince Albert RAAM Clinic

Website: Prince Albert RAAM Clinic Opens in new window

Address: 101 15th Street East (2nd Floor),
Prince Albert, Saskatchewan S6V 6G1

Tel: 306-765-8703

Fax: 306-765-6543



Service Description & Eligibility

RAAM Clinic provides quick access to care for people who are struggling with substance use. RAAM services are short-term. They will connect the clients to the appropriate community care providers for ongoing care and support.

Hours of Operation

Service Options

Regina RAAM Clinic

Address: 1056 Albert Street,
Regina, Saskatchewan S4R 2P8

Tel: 306-766-6380

Fax: 306-766-6381

Saskatoon RAAM Clinic

Address: St. Paul's Hospital:
1702 20th Street West,
Saskatoon, Saskatchewan S7M
0Z9

Tel: 306-655-5754

Fax: 306-655-5759

Referral: The clinic **only** accepts referrals from the Emergency Department or from health-care providers within the acute health-care sites.

Referral: The clinic accepts **both** patient self-referrals as well as health-care provider referrals.

Inpatient Services

Outpatient Services

- Walk-in clinic.

Leading

Thunderbird Lodge

Box 400, Fort Qu'Appelle, SK S0G 1S0
Ph: (306) 332-5659
Fax: (306) 332-1850
Website: www.leadingthunderbird.ca

Email: kmain.ll@sasktel.net



Service Description & Eligibility

- Male only
- First Nations & Inuit
- Ages 12-18

Leading Thunderbird Lodge offers a 12-week treatment program for First Nations males aged 12-18, who are experiencing challenges with alcohol, drug and solvent misuse.

Inpatient Services

- Based on First Nations culture and deals with whole-person wellness.
- Focus on mental, spiritual, physical and social wellbeing.
- Pre and Post Assessments
- Individual and Group Counselling
- Classroom Education
- Life Skills
- Therapeutic Recreation

Outpatient Services

- Based on community needs, presentations can be delivered on the following topics:
 - Addictions
 - Mental Health
 - Suicide Prevention

Pēkiwēwin

(Coming Home) House

Leading Thunderbird Lodge:

Box 400, Fort Qu'Appelle, SK S0G 1S0

Priscilla Johnstone, Housing Manager

Ph: (306) 332-1342 or (306) 331-6297

Fax: (306) 332-1012



Service Description & Eligibility

- 16-25 years old
 - Male
 - First Nations and Inuit
- Provides selected graduates of the 16-week inpatient program (Leading Thunderbird Lodge) with an opportunity to continue and complete their secondary education, gain work experience and enhance their life skills. Residents will continue their healing journey supported by cultural teachings and programming.
 - Youth are expected to:
 - Continue to be substance-free
 - Support peers in residence
 - Contribute to the overall maintenance of the house
 - Youth are required to complete the limited stabilization period prior to moving into the Pēkiwēwin House

Woodland Wellness Centre

336 Wilson Charles Drive, Fairchild
Subdivision/ Lac La Ronge Indian Band-
Mailing : PO Box 850, Air Range SK. S0J 3G0

Phone: 306-425-9107

Toll Free: 1 (877) 425-3450

fax: 1(306) 425-9108

Email: reception@woodlandwellness.ca



Service Description & Eligibility

Hours of Operation

- Mon- Friday 8am - 4:30pm

Inpatient Services

- Intakes restart Jan 10, 2024 and every Wednesday after.
- 4 week program

Prairie Sky

Recovery Centre Inc.

Box 535, Wilkie, SK S0K 4W0

Telephone: (888) 519-4445

Email: contactpsr@prairieskyrecovery.ca



Service Description & Eligibility

- Male and Female

Hours of Operation

- Office Hours- Monday-Friday 8:30 am-4:30 pm

Languages

- English

Inpatient Services

- Detox and Pre-program
 - For clients needing a safe space or additional time to physically prepare for recovery.
- Recovery 5 Program - minimum 35 days
- Recovery 8 Program - 60 days
- Recovery 12 - 90 days
- Female secure housing

What to Bring:

- Indoor shoes
- Clothing for a week
- Toiletries
- Canteen spending money
- Healthcard & photo ID
- Hobby pursuits

Ekweskeet

Healing Lodge

Box 280, Onion Lake, SL S0M 2E0

Telephone: (306) 344-2094

Fax: (306) 344-4805

Email: buffalo-calf@ekweskeet.org



Service Description & Eligibility

- 18 and over
- Male and Female

Hours of Operation

- Office Hours- Monday-Friday 8:30 am-4:30 pm

Languages

- English
- Indigenous

Inpatient Services

- 7-week program, a total of 8 beds